



GO ALL OUT!

The Keuka Outlet Trail

Friends of the Outlet, Inc.

Fall Edition 2009



Fixin' up for Fall

by Joan Strong, FOTO Board Member

On a bright, sunny, end-of-summer Saturday, twenty-eight freshmen students from Hobart and William Smith College arrived at the Outlet Trail Visitor Center to do their required Community Service. They were greeted



Katie and Reid doing the heavy lifting!

enthusiastically by Friends of the Outlet who welcomed them into the Visitors Center for morning refreshments and instructions. The students signed up for various projects of interest and everyone was off to do their particular tasks with FOTO team leaders.

There were a quite variety of jobs. One was refreshing the Trail Information Boards by tacking up maps, putting in new information and cleaning the Plexiglas. Several students contributed to the project of roofing the pa-

vilion for future equipment storage and workshop use. Weeding and clearing brush by the Cascade Falls took lots of muscle power, but the results were worth the sweat and dirt. Inside the Visitors' Center several students diligently dusted, mopped and vacuumed giving the place a real sparkling facelift. Perhaps working in the creek was the most exciting. Together the student team pulled out 2 tires, a bicycle and a shopping cart!

Each Hobart student

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Special points of interest:

- Saturday, February 20th at 2:00 pm in the Torrey Town Hall. Friends of the Outlet, Inc. general meeting will be held and is open to the public. Nominations for board vacancies will be considered.
- Come visit us at the StarShine Dec 4th. For treats, trail info and Leona Jensen's new book Cascade Falls will be available.

Improvements to the Trail

by Dan Spence, Land Surveyor, FOTO Lands Committee Chairman

In August D & H Excavating returned to the project to complete the contract work and a change order that was executed to include the stabilization at Site # 11.

They first placed the stone stabilization on the north bank of the Keuka Outlet at Site #11 and then completed the restoration trail work that was

called for in the original contract, that work placed crushed limestone "stone dust" on trail using a paving machine and a 10 ton roller. The limits of the new trail surface are from



Fixin' up for Fall

received a bottled water, a power bar, and a history and map of the trail. Leona Jensen shared her knowledge of the Keuka Outlet area while everyone rested up for the return to school.

One of the students wrote *"This was my first time on the trail. I loved listening to Leona and seeing the waterfall. Since I'm a freshman, I don't really have a way to get here, but if I had a car I would run here."* She continued on that the community service day on the trail and experience with the Friends of the

Outlet, *"gave me a feeling of how friendly the people are here."*

Many thanks go to all the students and trail project team leaders Linda Hunter & Reta Kerdus, Dave & Mary Roddy, Dan Spence, Bob & Leona Jensen, Harry & Joan Strong who planned and organized for this clean-up day. Volunteering hands can do a great job in a short period of time. Let's **Go All Out** and enjoy the trail



Keeping the Trail pristine for all to enjoy

Improvements to the Trail

Fox' Mills Road west to the repair area at Site #3 (per design report) where stone stabilization was placed last winter and from the Seneca Mills access & parking into the Bruce Hansen Memorial Park area that is maintained by the Penn Yan Lions Club where stone stabilization had been placed at Site #12 during the winter.



The stone dust paving went smoothly and has provided these sections of trail with a nice finished surface. Please come out and see the results of the work

Overall the contract work, change orders and field changes came in under the projects initial contract bid as D & H was able to eliminate some items from the engineer's quantity list that they had initially included in the bid.

The two main items that were not used were the topsoil placement along the trail and re-grading the trail prior to placement of the stone dust. It was found through the execution of the project that the topsoil would not be needed and the trail grades were maintained thanks to the snow pack provided by the snowmobile's who used the trail just prior to the heavy stone stabilization placement.

It should also be noted that the Village of Penn Yan used the trail from Fox' Mills Road west to Site #3 for the Manley Slide repair, their contractor (TRT Masonry) re-graded the trail after their use leaving it ready for D & H to surface

with little additional preparation.

Fisher Associates PE, LS, PC the projects engineer has begun discussions with the New York State Department of Environmental Conservation on how to properly permit Site #23 where the trail goes under the NYS Route 14 bridge; at this site the design report prepared by Fisher calls for installing two cross culverts and raising the grade of the trail as this section of trail is often muddy and poorly drained. Soon studies will be done to minimize the impact to an adjacent wetland. The Friends hope to complete the grant work next construction season under a different contract or through local and volunteer forces.



Team "Go All Out"

By Matt Merrill

On October 4th, a team representing the Trail participated in the Wineglass Marathon between Bath and Corning, with a two-fold goal to raise awareness of the trail and to push our personal limits, to "Go All Out".

Led by our captain, Mary Roddy, the team include Chelsea Carl, a high school teacher and coach at Churchville-Chili, and myself, a former sprinter at Roberts Wesleyan College.

The team jersey featured the trail's slogan and GPS coordinates for each end of the trail on the front. The back was designed with the new logo, also on the front of this newsletter, and the words "Follow us at Twitter.com/NYKeukaTrail" encouraging those

behind us not only to follow us while running, but to follow the tweets on Twitter. You are encouraged to follow us on Twitter too. The team jerseys were generously donated by my father in Hilton, NY.

The team decided to set a goal to complete the marathon in 4 hours, a significant feat for three athletes with few runs of the distance to be covered.

On a crisp fall western New York morning, the "Go All Out" motto proved to be the right motivation. Each runner exceeded his or her personal expectations and the team finished in one piece in just under 3 hours 48 minutes.



Still able to smile. Merrill, Roddy, and Carl

Whether running, walking, biking, snowshoeing, horseback riding or just enjoying the beautiful scenery, we encourage you to Go All Out this season on the Outlet Trail.

Yes, I want to volunteer and protect the natural beauty of the canal, historical heritage of the gorge, and improve the trail!

Name(s): _____

Address: _____

City: _____

State: _____ Zip: _____

E-mail: _____

If you're representing an organization, please write in the organization's name: _____

I'm/We're interested in volunteering for _____

Become a Trail Member

I/We want to join/renew (Annual membership dues: Individual—\$10; Family—\$15; Patron—\$25; Sponsor—\$75; Benefactor—\$150)

\$ _____

I/We want to make an additional financial contribution to improve and protect the trail, canal, and historic sites.

\$ _____

While you are at it, please send me/us:

_____ copies of The Outlet Trail guidebook

\$ _____

TOTAL enclosed \$ _____

Please make checks payable to :

Friends of the Outlet, Inc.

Keuka Outlet Trail

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42.680N, -76.958W

Experience the colorful history of the Outlet Trail from the planning of Meredith Mallory, to the Fall Brook Railroad, to what we know as the Outlet Trail Today in a fascinating read by Leona Jensen, "Cascade Falls". Own a piece of history, with a portion of the sales donated back to Friends of the Outlet, Inc for improvements around the visitor center at Cascade Falls. To order your copy, send a check or money order to: Leona Jensen, PO Box 181 Dresden, NY 14441, \$36 includes shipping



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